

## Main courses



### [Spaghetti alla Norma](#)

This recipe from Sicily is named after Bellini's opera.



### [Pasta with sun-dried tomato sauce](#)

This delightful pasta recipe is tasty and easy to make. Enjoy!



### [Penne with prawns and creme fraiche](#)

This simple seafood dish will delight your party visitors.



### [Olive and mozzarella pasta salad](#)

This pasta salad combines the classic Mediterranean flavours of mozzarella and olives for a simple but tasty meal.



### [Pasta carbonara](#)

This easy dish derives its name from the Italian for coal (carbone), possibly because of its popularity with charcoal makers.



### [Rainbow couscous](#)

An ideal accompaniment to any meal, couscous is quick, easy to cook, and delicious served hot or cold.



### [Middle Eastern stuffed apples](#)

A great way to use up leftover meat. For a vegetarian alternative, swap the chicken or turkey for fried aubergine or mushroom.